

# Sample Menu



	Main Option	Vegetarian Option	Sides	Dessert
Meat Free MONDAY	Stuffed Peppers	Vegetable Risotto	Vegetable Medley	Assorted Yoghurts
TUESDAY	Butter Chicken	Vegetable Curry	Rice and Naan Bread Spiced Cauliflower	Ice Cream Tubs
WEDNESDAY	Special Fried Rice	Vegetable Fried Rice	Stir Fried Vegetables	Fruit Jelly
THURSDAY	Sausages and Onion Gravy	Glamorgan Sausages	Mashed Potatoes Peas Carrots	Fresh Fruit
FRIDAY	Chicken Wraps	Falafel Wraps	Chips Salad	Lemon Cheesecake

\*A salad bar is available daily.